

October 2026



Mon	Tues	Wed	Thurs	Fri
September 28 Job Search Lab is <u>Drop-In</u> <u>(no sign-up required)</u>	29	30	1 10:00am – 10:45am Top 14: Finding a New Job 9:00am – 3:30pm Job Search Lab 1:30pm – 3:30pm Indigenous Wellness: Knowledge Keeper Guest Presenter	2 10:00am – 10:45am Top 10: Difference Makers 9:00am – 3:00pm Job Search Lab
5 10:00am – 10:45am Top 10: Ways to Self- Care	6 10:00am – 11:00am Mindful Movement	7 10:00am – 10:45am Top 10: Following Up After Applying	8 10:00am – 10:45am Top 10: Resumes	9 10:00am – 10:45am Top 10: How to Be a Good Employee
9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:00pm Job Search Lab
1:30pm – 3:30pm Social Media in Job Search		1:30pm – 3:30pm Healthy Living	1:30pm – 3:30pm Coffee Club: Trivia	
12 steps2work Closed for Thanksgiving	13 10:00am – 11:00am Mindful Movement 9:00am – 3:30pm Job Search Lab	14 10:00am – 10:45am Top 11: Benefits of Exercise 9:00am – 3:30pm Job Search Lab 1:30pm – 3:30pm Cover Letter Development	15 10:00am – 10:45am Top 20: How to Increase Your Salary 9:00am – 3:30pm Job Search Lab 1:30pm – 3:30pm Coffee Club: Women of History	16 10:00am – 10:45am Top 10: Professional Email & Voicemail 9:00am – 3:00pm Job Search Lab

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Mon	Tues	Wed	Thurs	Fri
19 10:00am – 10:45am Top 10: Daily Habits for Positive Change	20 10:00am – 11:00am Mindful Movement	21 10:00am – 10:45am Top 10: Identifying Your Transferable Skills	22 10:00am – 10:45am Top 10: Staying Motivated at Work	23 10:00am – 10:45am Top 10: Cover Letter Mistakes to Avoid
9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:00pm Job Search Lab
1:30pm – 3:30pm Email Tools, Apps & Etiquette		1:30pm – 3:30pm Program Your Mind for Success	1:30pm – 3:30pm Coffee Club: Boards, Cards & Dice	
26 10:00am – 10:45am Top 10: Time Management	27 10:00am – 11:00am Mindful Movement	28 10:00am – 10:45am Top 10: Goal Setting	29 10:00am – 10:45am Top 10: Reasons to Volunteer	30 10:00am – 10:45am Top 10: Interview Questions & Answers
9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:30pm Job Search Lab	9:00am – 3:00pm Job Search Lab
1:30pm – 3:30pm Confidence		1:30pm – 3:30pm Self-Marketing	1:30pm – 3:30pm Coffee Club: Halloween Trivia Come in your best Halloween themed attire!	